

LEAN PRESCRIPTION: POWERFUL MEDICINE FOR OUR AILING HEALTHCARE SYSTEM

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She had shown him no mercy. And she was certainly no angel..A fine carpenter can wield a hammer with an economy of movement and accuracy as elegant as the motions of a symphony conductor with a baton. A cop directing traffic can make a rough ballet out of the work. However, of all the humble tasks that men and women can transform into visual poetry by the application of athletic agility and grace, clambering into a Dumpster holds the least promise of beautification..Between new women and needlepoint pillows, he participated in s?ances, attended lectures given by ghost hunters, visited haunted houses, and read more strange books. He even sat for the camera of a famous medium whose photographs sometimes revealed the auras of benign or malevolent presences hovering in the vicinity of her subject, though in his case she could discern no telltale sign of a spirit..Tom, Wally, I'm sorry for the brusque introductions," Agnes Lampion apologized. "We'll have plenty of getting-to-know-each other time over dinner. But the people in this room have been waiting an entire week to hear from you, Tom. We can't wait a moment longer.".No longer able to judge the boy's degree of sleepiness by his eyes, she relied on him to tell her when to stop reading. At his request, she closed the book after forty-seven pages, at the end of Chapter 2..He reached toward the dead man's closed hand, but he couldn't find the courage to touch it. He was afraid that if he pried open the stiff fingers, he would discover a quarter inside..When the ophthalmologist saw her misery, his kind face softened further, and his pity became palpable..JUNIOR CAIN WANDERED among the Philistines, in the gray land of conformity, seeking one-just one-refreshingly repellent canvas, finding only images that welcomed and even charmed, yearning for real art and the vicious emotional whirlpool of despair and disgust that it evoked, finding instead only themes of uplift and images of hope, surrounded by people who seemed to like everything from the paintings to the canapes to the cold January night, people who probably hadn't spent even one day of their lives brooding about the inevitability of nuclear annihilation before the end of this decade, people who smiled too much to be genuine intellectuals, and he felt more alone and threatened than eyeless Samson chained in Gaza..Under a sullen afternoon sky, in the winter-drab hills, the yellow-and-white station wagon was a bright arrow, drawn and fired not from a hunter's quiver but from that of a Samaritan..From Christmas through February, he dated a beautiful stock analyst and broker-Tammy Bean-who specialized in finding value in companies that had rewarding relationships with brutal dictators..As I explained, he might have thought I was you," Edom said, staring at the neatly ordered volumes on the nearby bookshelves..On a shelf above one of the clothes rods stood a single piece of Mark Cross luggage, an elegant and expensive two-suitier. The rest of the high shelf was empty-enough space for as many as three more bags..Livor mortis had already set in, blood draining to the lowest points of her body, leaving the fronts of her bare legs, one side of each bare arm, and her face ghastly pale..According to the brief biographic note with the picture, Celestina White was a graduate of San Francisco's Academy of Art College. She had been born and raised in Spruce Hills, Oregon, the daughter of a minister..Yet, with no recollection of rising from his chair, he found that he had shouldered his backpack and crossed the room. The three men looked up expectantly..A tune clinked off the keys of a phantom piano in Junior's mind, "Someone to Watch over Me." The hawk-eyed watcher was the pianist at the elegant hotel lounge where Junior had enjoyed dinner on his first night in San Francisco, and twice since..It was... the only dream that mattered," Joey said. "You ... loving me. It was a good life because of you..".Sure they do," said Wally as he unlocked the two deadbolts. "But you gotta be twenty-one years old to get a license for one..".The reverend said, "I'm sure you underestimate my parishioners, Celestina. They won't be scandalized. They'll open their hearts..".He turned from the cowering girl and studied the boy, who stood a few steps inside the room, holding a can of soda in each hand. The artificial eyes were convincing, but they didn't possess the knowing look that so troubled him in the strange girl..After mentally reviewing what he must say, after working up a nervous edge, he dialed the SFPD emergency number..Mustering all her hostess skills, Agnes gradually turned the conversation from disastrous explosions to Fourth of July fireworks, and then to reminiscences of summer evenings when she, Joey, Edom, and Jacob..Junior approached the headstone from behind, circled it, and shone the flashlight on the chiseled facts..Although the small tin-and-plastic harmonica was more toy than genuine instrument, the boy blew and siphoned surprisingly complex music from it. As far as Apes could tell, he never hit a sour tone..he was prepared to find Vanadium sitting at the pine table, enjoying- a cup of coffee. The kitchen was deserted..Into Barty's darkness came light that he had not sought. He saw his smiling Mary on his lap as she lowered her hands from his temples, saw the faces of his family, the table set with Christmas decorations and many candles flickering..gob of mucus in his throat. His face contorted with a misery that he did not have to fake, and he was astonished to feel tears spring to his eyes..Surprisingly, he received a lot of gratification from voicing this insult, even though Vanadium was too dead to hear it..He didn't want to lean inside and peer over the front seat. He had no weapon. He would be unbalanced, vulnerable..Junior could neither speak nor even mewl in agony. All the saliva had been draining forward, out of his open mouth, for so long that his throat was parched and raw. He felt as though he had munched on a snack of salted razor blades that were now stuck in his pharynx. His rattling wheeze sounded like scuttling scarabs..All the way to the nightstand, he expected to discover that the revolver had been taken from the drawer. Yet here it was. Loaded..Then the old man taught it to him. But it wasn't much use, Otter thought, since he had to hide it..Coughing, spitting saliva that was bitter with toxic chemicals, Paul followed her, slapping frantically at his clothes when fire singed his shirt..April 23, 1940, Natchez, Mississippi, dance-hall fire-one hundred ninety-eight

dead. December 7, 1946, Atlanta, Georgia, the Winecoff Hotel fire-one hundred nineteen dead." Having settled on the sofa with Agnes and Barty, prepared to serve comfortably in the role of quiet observer, Edom was alarmed to have suddenly become the subject of conversation. He was also alarmed to be called "son," because in his thirty-six years, the only person ever to have addressed him in that fashion had been his father, dead for a decade yet still a terror in Edom's dreams..Tom proceeded, "is that an infinite number of realities exist, other worlds parallel to ours, which we can't see. For example ... worlds in which, because of the specific decisions and actions of certain people on both sides, Germany won the last great war. And other worlds in which the Union lost the Civil War. And worlds in which a nuclear war has already been fought between the U.S. and Soviets." Recalling how the title of the exhibition had resonated with him when first he'd seen the gallery, brochure, Junior felt certain now that a tape-recorded early draft of this sermon was the kinky "music" that accompanied his evening of passion with Seraphim. He couldn't remember one word of it, let alone any element that would have deeply moved a national radio audience, but this didn't mean that he was shallow or incapable of being touched by philosophical speculations. He'd been so distracted by the erotic perfection of Seraphim's young body and so busy jumping her that he wouldn't have remembered a word, either, if Zedd himself had been sitting on the bed, discussing the human condition with his customary brilliance..The restaurant wasn't fancy. A coffee shop. Aromatic bacon sizzling, eggs frying. The warm cinnamon smell of fresh pastries, the bracing scent of strong coffee. Clean, bright surroundings..As though one of the quarters had dropped into his ear and triggered a golden oldie in the jukebox of his mind, Junior heard Vanadium's voice in the hospital room, in Spruce Hills, on the night of the day when Naomi died: "en you cut Naomi's string, you put an end to the effects that her music would have on the lives of others and on the shape of the future.....Because he hadn't heard Victoria Bressler speak in so long-and then only on two occasions-and because the woman on the phone had spoken so softly, Junior couldn't tell whether or not their voices were one and the same.."Fear?" Kathleen asked, more interested in Vanadium's words than in his prestidigitation. "You said you're offering fear to Cain ... as if that was something he would want." Agnes got out of bed, switched on the lamp, and tucked Barty in once more. "Say your silent prayers." "Besides, I still live by my vows as much as possible, though I've had the longest continuing dispensation on record." A smile on that cracked countenance could be touching, but an ironic look now worked less well; it gave Kathleen a chill. "Vanity is a sin I've more easily been able to avoid than some others." Nothing he could do about it now. Having Naomi's body moved to another grave, in a cemetery without Negroes, would cause a lot of talk. He didn't want to draw more attention to himself..He no longer had any reason to follow an exercise regimen. For twenty-three years, he'd needed to maintain good health in order to meet his responsibilities, but all the responsibilities that mattered to him had been lifted from his shoulders..At Tom Vanadium's request, the taxi dropped him one block from his new-and temporary-home shortly before ten o'clock in the evening..the grass, silent because he is barely conscious, too badly beaten to protest or to plead for mercy, but also."Nothing of the kind." Agnes smiled at Barty and wiggled her finger in his grip. "They've always been my salvation. I don't know what I'd do without them." A quick survey of the lavatory floor. The musician hadn't left anything behind, neither a popped button nor crimson petals from his boutonniere..The following morning, he canceled his German lessons. It was an impossible language. The words were enormously long..That would not be a productive use of his time. Satisfying, but not prudent. Zedd tells us that time is the most precious thing we have, because we're born with so little of it..Either this chatterbox was at all times a babbling airhead or Junior particularly disconcerted him..Books were stacked high on a nearby table, favorite novels and volumes of verse, all of which Agnes had read before. With time so limited, she preferred the comfort of the familiar to the possibility that new writers and new stories would fail to please. Paul read to her often, as did Angel. Tom Vanadium sat with her, too, as did Celestina and Grace..His happy expectation thickened into dread when he spotted the ambulance at the curb. And in the driveway stood the Buick that belonged to Joshua Nunn, their family doctor..Three times, Mary vanished, and three times she reappeared, before she led the bamboozled Koko to her mother and father. "Neat, huh?". Junior felt unspeakably violated. This was outrageous: the inarguably personal, very private contents of his stomach, scooped into a plastic evidence bag, without his permission, without even his knowledge..With the successful consumption of the burger and with the addition of the third Sklent to his collection, Junior felt more upbeat than he'd been in quite a while. Contributing to his better mood was the fact that he hadn't heard the phantom singer in longer than three months, since the library in July..He didn't even dare to pretend to wake up now, with a mutter and a yawn because the detective would know that he was faking, that he had been awake all along. And if he'd been feigning unconsciousness, eaves.The driver shook his head. "I knew everything anyone would need to know about you when I heard you ask your kid what would happen if the stupid boogeyman showed up in her dream." If he had cut himself intentionally for the express purpose of writing the name in blood, then the reservoir of anger was deeper still and pent up behind a formidable dam of obsession..Every time Junior glanced back, Vanadium was following his wake through the throng. Stocky but almost gliding. Grim and grimmer. Hideous. And closer..With a paper towel, Junior wiped the revolver. He dropped it on the floor beside the riddled nurse..In the foyer, Hanna Rey and Nellie Oatis sat side by side on the stairs. Hanna, the housekeeper, was gray-haired and plump. Nellie, was Perri's daytime- companion, could have passed for Hanna's sister..Grace, Celestina, and Paul expressed amusement and amazement at Angel's critical judgment..Of course, he had the Pinchbeck and Gammoner identities waiting, two escape hatches. But he didn't want to use them. He liked his life on Russian Hill, and he was loath to leave it..Junior put the money on the desk. "Then get into the records of Family Services." Tom proved to be more useful than either a cop or a priest to Pie Lady Services, when he discovered a talent for money management that protected their funds from twelve percent inflation and in fact brought them a handsome return in real terms..Yet had the obstacles been piled twice as high, the time had come to put into words what they felt for each other and to decide what they intended to do about it. Celestina knew that in depth and intensity, as well as in the promise of passion, Wally's love for her equaled hers for him; out of respect for her and perhaps because the sweet man doubted his desirability, he tried to conceal the true power of his feelings and actually thought he succeeded, though in fact he was radiant with love. His once-brotherly kisses on the cheek, his touches, his admiring looks were all still chaste but ever more tender with the passage of time; and when he held her hand-as in the gallery this evening-whether as a show of support or simply to keep her safely beside him in a crosswalk on a busy street, dear Wally was overcome by a wistfulness and a longing that Celestina vividly remembered from Junior high school, when thirteen-year-old boys, their gazes filled with purest adoration, would be struck numb and mute by the conflict between yearning and inexperience. On three occasions recently, he seemed on the brink of revealing his feelings, which he would expect to surprise if not shock her, but the moment had never been quite right..Paul knelt on one knee beside her wheelchair. "This momentous

day, Agnes. This momentous day, with all of its beginnings. Hmmm?". Nolly, Kathleen, and Sparky had prepared him for Industrial Woman, but when the flashlight beam flared off her fork-and-fan-blade face, Vanadium twitched in fright. Without fully realizing what he was doing, he crossed himself. "But the breed is nervous, dear. With a nervous breed, you just never know, do you?. Agnes had the craziest notion that he was counting them, when at his age, Of course, he would have no concept of numbers. Rudy's blue suit, as usual, pinched and shorted his shambling frame. Here in a boneyard, he appeared to be not just a man with a bad tailor, but a grave robber who looted the dead for his wardrobe. Caution discarded, Junior went inside, for the same reason that a dedicated opera aesthete might once a decade attend a country-music concert: to confirm the superiority of his taste and to be amused by what passed for music among the great unwashed. Some might call it slumming. Blink, the living room. Turning off Sinatra halfway through "It Gets Lonely Early." To the open casement window, into the men's room. Still seething with rage. Angrily cranking shut the twin panes while lazy tongues of fog licked through the narrowing gap. He wondered what it would be like to make love to Renee and kill her. Only once had he killed without good reason. And that had been one of the infuriating Bartholomews. Prosser in Terra Linda. A man. On that occasion, no erotic element had been involved. This would be a first. "She. Was eating. Dried apricots." Junior spoke almost in a whisper yet the ridge was so quiet that he had no doubt each of these uniformed but unofficial jurors heard him clearly. "Walking. Around the deck. Paused. The view. She. She. She leaned. Gone." "Sometimes these sympathetic vibrations are very apparent, but a lot of the time, they're so subtle that you can hear them only if you're unusually perceptive." She owned a public-relations firm specializing in artists, and over dinner she rhapsodized about the work of Jack Lientery. His current series of paintings- emaciated babies against backdrops of ripe fruit and other symbols of plenty- had critics swooning. "You can't take much of anything by mouth for a few hours yet," said the nurse. "Nausea is too great a risk. Retching might start you hemorrhaging again." He raised the window in the kitchen and climbed outside, onto the landing of the fire escape. Feeling like a high-roaming cousin to the Phantom of the Opera, bearing the requisite fearsome scars if not the unrequited love for a soprano, Vanadium descended through the foggy night, down two flights of the switchback iron stairs to the kitchen at Cain's apartment. During the night, he had awakened, seen her in the chair, and covered her with a blanket. He was confused initially, frowning at the heart monitor and at the IV rack that loomed over him. When his eyes met Celestina's, his gaze clarified, and the smile that he found for her brought as much light into her heart as the diamond ring he had slipped onto her finger so few hours before. What good was she to anybody, what good could she ever hope to be, if she couldn't even save her little sister?. The January air was crisp, fragrant with evergreens and with the faint salty scent of the distant sea. A curiously yellow moon glowered like a malevolent eye, studying him from between ragged ravelings of dirty clouds. Still pretending sleep, Junior delighted in the realization that the detective himself had dragged a red herring across the trail and was now busily following this distracting scent. The day before Christmas, along the California coast. Although sun gilded the morning, clouds gathered in the afternoon, but no snow would ease sled runners across these roofs. He was a patriotic guy, and he preferred American rock to the British brand. He had nothing against the English, no prejudices against people of any nationality. Nevertheless, he believed that the American Top 40 ought to feature American music exclusively. In Junior's estimation, this was not the way that a normal person lived. This was the home of a deranged loner, a dangerously obsessive man.

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